



Visits with Christie

Christie's initial visit is 120 minutes in length. Follow-up visits are 50 minutes. Since change takes place over time Christie will design a customized 4-month coaching plan for her clients. Please bring a completed intake form with you to your first appointment so that Christie can gain a deeper understanding of your life goals and current situation. This form will be emailed to you upon your first booking by the Concierge.

Christie offers a complimentary 30 minute initial consultation.

Contact concierge to book yours today